

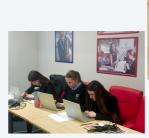
Top of the Term

Easter Edition March 2023



Welcome back to our
Top of the Term newspaper!
This is our second
newspaper since September
and we hope you find this
one just as interesting as
our previous one. We hope
you find all of our articles
informative and that you
have had fun taking part in
our competitions!







Inside...

- Current Political Issues Around the World
- Time Capsule
- Sexism in Schools
- Hobbies
- Under Researched Diseases
- Mental Health
 Therapy Animals

Best Bits....

- Strange Animals
- Easter EggCompetition
- Top of the Term Sport Report



Interested in having your say? Get in touch by emailing schoolnews@deyeshigh.com

Current Political Issues Around the World

According to the Council on Foreign Relations Global Conflict Tracker, there are 27 current political issues around the world. However, the war in Ukraine tends to be the only one talked about.

A list of places where instability, conflict or war is currently taking place is:



- . Venezuela
 - . Mali
 - . Libya
 - . Nigeria
- . South Sudan
- . Central African Republic
- . Democratic republic of Congo



- . Ethiopia
- . Somalia
- . Yemen
- . Israel
- . Palestine
- . Lebanon
 - . Iraq
 - . Syria
- . Turkey
 - . Iran
- . Afghanistan
 - . Pakistan
 - . India
 - . Ukraine
- . South Chinese Sea
 - . Taiwan
 - . North Korea
 - . Myanmar







This shows that the news doesn't have the intentions to spread the necessary information about countries that are struggling around the world. They only want to show the things that Britain is in support of and that could affect us. I think that people should have more knowledge about issues that are happening in other countries outside of NATO so that we are aware of what other people are living with in our world.

For example, in Ethiopia, there is currently a lot of instability. It is one of the poorest countries in the world and is facing a human rights and humanitarian situation. Civilians have been impacted by conflict in Tigray, attacks by armed groups, security force abuses and deadly ethnic violence in other regions. Not a lot of people know about the crisis currently occurring here. This is similar all around the world.

We need to do more to help.

By Lucy Graham

TIME CAPSULE



Wouldn't it be fun in years to come if people could look back and see what our world looked like today. I mean think about it, wouldn't you like your kids even your grand kids to look back and see your childhood and what you did. Well, that is what we are doing. Here at Deyes High School we believe in showing others what we like to do, even if it is in years to come.

The benefit of this plan is that in years to come people will know more about the out breaks and challenges that people are facing in the modern day, like the cost of living crisis. Not to mention the war of Ukraine vs Russia and the hurricanes that keep happening in Turkey. I'm sure it will make a very fun and interesting History lesson.

We have asked a few pupils and teachers in our school to think about what they think represents our school and the present day.

"I think we should put our school tie in." Darcy

"I think a bugle in the time capsule." Mrs Byrne

"The drawings of the plan for the new school would be interesting." Mrs Greenslade

"Our school's Freddo Friday hat." Macie What do you think we should put in our time capsule?

By Macie Murray



Have your say!

What would you like to see in our time capsule we already have some ideas like:

- A picture of our school right now
- A big picture of our old school(that art club is making)
- A brick from the old school
- All the posters that have been around school
- Notes and messages that people want to write to others in the future.

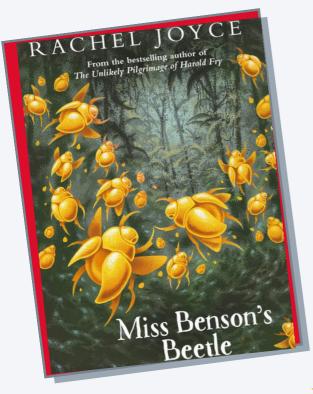


WE NEED YOU! If you have any things you would like to see in the time capsule then contact us via schoolnews@deyeshigh.com or come see the Top of the Term team.

Strange Animals-Sifika!



Top of the Term's Recommended Read!



Miss Benson's Beetle

It is 1950. In a devastating moment of clarity, Margery Benson abandoned dead-end job and advertises for an assistant to accompany her on an expedition. She is going to travel to the other side of the world to search for a beetle that may or may not exist.

Enid Pretty, in her unlikely pink travel suit, is not the companion Margery had in mind. And yet together they will be drawn into an adventure...

An unexpected adventure that kept me wanting more. I really enjoyed this book and the characters that were in it. Highly recommended.









The School For Good and Evil

If you like fantasy and adventure stories you will like this one. The School For Good and Evil is an original Netflix movie directed by Paul Feig and is written by Somamn Chainani.

It is a story about two girls: one who is a perfect princess that does everything right, the other who is an evil witch that does everything wrong and one urban myth about a school for good and evil. This only ends them both in mischief, danger and a whole lot of love. so if you like all of that then this is the movie for you!

By Macie Murray









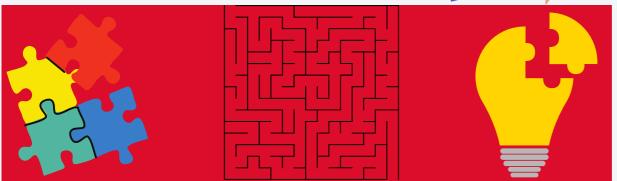




Hobbies

Do you find your hobby average and not so interesting anymore? Did you know that there are lots of weird and wonderful hobbies for you to try? Here is the place for you to find out about more unusual hobbies that secretly improve your knowledge!





My first brain-churning, unusual hobby is yo-yoing. The yo-yo is seen as a useless toy to distract children and keep them busy. However, according to yo-yo.com, learning fascinating tricks using the yo-yo improves spatial awareness and develops hand-eye coordination. This is important because having poor hand-eye co-ordination affects everyday tasks such as moving objects and writing and having poor spatial awareness gives people poor memory skills and makes it harder for people to communicate with others. Learning intricate multi-step tricks on yo-yos improves your brain's ability to concentrate and boosts your determination. This lowers anxiety levels amongst children and increases their participation in different activities. There are many different types of yo-yos for people to buy, some are even customisable.





Do you have any weird or wonderful hobbies that you think others would enjoy?

Contact schoolnews@deyeshigh.com to spread the word!

<u>Did you</u> know...?

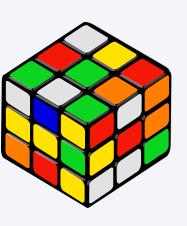
Pedro Flores
was the first
person to make
a yoyo - a
Filipino
American who
opened a toy
factory in
California in
1920.

It became so popular that the company was bought and continued to make 3,600 yo-yos a year!

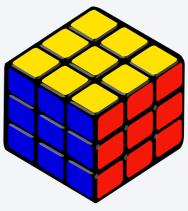
There's a World Yo-Yo Contest held every year around the world. Players from over 33 countries compete to be the World Yo-Yo Champion.

Hobbies

Another mind-boggling hobby is solving Rubik's cubes. If you have ever tried to solve a Rubik's cube, you might have given up within the first few minutes. But did you know that you could learn how to solve a Rubik's cube in less than a day. There are many online tutorials and books you can buy to help you learn as fast as possible. Solving Rubik's cubes increases you muscle memory and improves our brain's tactical thinking. Muscle memory improves motor function and accuracy and having tactical thinking helps with quick thinking and strategies. Rubik's cubes come in a wide range of sizes, difficulties, and colours. Some have special mechanisms inside including adjustable springs and magnets so you can customise how accurate or loose you want your cube to be. Many different algorithms can be learnt to quicken your solve time and you can even go to competitions and compete against others. Do you know what the current fastest time to solve a 3x3 Rubik's cube is? It is 3.47 seconds! Isn't that unbelievable!







A final head-spinning sport you can use as a hobby is speed stacking. Speed stacking is when you stack 12 specially designed cups in a pattern into pyramids. These events can be timed for competition or used for fun to stack into cool shapes. Speed stacking improves fitness and reaction time. This counts as exercise to benefit your health and your reaction time helps keep you out of dangerous situations. Speed stacks cups come in all different types of designs and patterns so you can pick any design you like; you can even collect them!

I think that having unusual hobbies makes you unique and exposes you to many different groups of people that you can make friends within and explore other cultures. I also find that after trying and maintaining all of these hobbies for a period of time, they do increase your brain function and benefit you in many ways.

By Lucy Graham



WE NEED YOU! If you have a passion for comic design, then you are the person for us.

Contact schoolnews@deyeshigh.com if you can fill this space!

<u>Did you</u> know...?

Every single position of a Rubik's Cube can be solved in twenty moves or less.

However, With six coloured sides, 21 pieces and 54 outer surfaces, there are over 43 quintillion (that's 43,252,003,274, 489,856,000 to be precise) different possible configurations.

The Rubik's
Cube was
invented by
Ernő Rubik in
1974, and to
begin with he
didn't actually
know how to
solve it!

Under-researched diseases

Diseases such as Ebola, Lassa fever, tuberculosis, Nipah and henipaviral diseases and even covid-19 are under researched causing outbreaks of them to be worse and not many people to know about them.

These diseases are extremely under researched due to the lack of funding from the government. According to a trusted website only 23% of over 1 billion pounds of the government's budget is spent on researching diseases. This means only around 23 million pounds is put towards researching diseases that affect millions of people each year. And even when the corporations that do research on diseases get funding it goes towards diseases that already of a lot of funding such as cancer and heart disease.

These diseases get more research as they are the leading cause of deaths in the world. But what the researchers don't realise is that these under researched diseases will end up developing into more complicated and less controllable ones. If these do turn into more complicated diseases, then it will be even harder to find a cure or something that will treat the illnesses.



If the government do put more money towards treating less common or underfunded illnesses, it will help on a more worldwide scale. This is because if the research the government funds make a cure or a treatment for diseases that are underfunded then they could ship it worldwide and make countries pay millions of pounds for it. This could also then boost the English economy. On a smaller scale if children get these under researched illnesses when they aren't being researched these children won't be able to live the childhood they deserve. But if the illness the child has gets the funding for research the child will be able to live a happy childhood if they find a cure from doing the research.

I wanted to write this article to make more people aware of the fact that so many diseases are ignored or not cared enough about by the government. Also I want people to realise that even if the illness affects millions of people it is still underfunded by those who do fund organisations. I also want the people who do struggle with these illnesses that are under researched to realise that they are seen by others and are cared about even if the government don't care about them.

I think that the government should put more money towards diseases that haven't got enough funding. I think this because like I said earlier on in this article in the future these diseases will evolve into diseases that will be harder to treat. So, if the government do put more funding into treating less common and under treated diseases, I think it will benefit the world as the research will lead to curing these illnesses. Curing these illnesses could lead to solutions to treating or curing other illnesses such as cancer or ribose-5-phosphate-isomerase deficiency which is the world's rarest genetic disease.

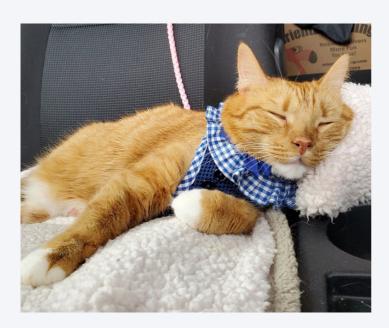


Mental Health and Therapy Animals

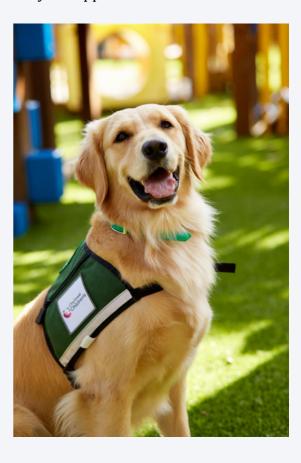
One in six children aged 5 to 16 were identified to have a probable mental health problem in July 2021. This is a huge increase since 2017 which was one in nine. This shows that mental health is getting progressively worse and that we need to do something to help. Mental health is our emotional, psychological, and social wellbeing and it affects how we feel, think and act. There are a whole range of mental health disorders that can affect everyone and anyone at any time. There are lots of ways people can improve their mental health: one of which is therapy animals.



Therapy animals are not only used for physical disabilities but for mental disabilities too. They help people calm down and relax when they are feeling stressed. They can also help people stay focused on what they need to do and helps them get through their day without obstacles affecting them. Studies have shown that therapy animals help lower stress levels and increase physical activity which makes people feel happier. This is because they release 'happy hormones' and lower the symptoms of anxiety and depression. Many animals can become therapy animals if they can be trained to do so. The most common animal used for therapy animals is dogs, but any safe animal can become a therapy animal such as cats, ferrets, and chinchillas. When these animals are finished with their job as a therapy animal, they retire and become a normal pet once more. These are a great way to have a form of comfort during difficult times and are bound to make you happier.



If you are struggling at the moment, please speak to a trusted adult so that they can help you overcome your problems and if needed seek help from a medical professional.



By Lucy Graham

Student Success @ Deyes

Top of the Term Sport Report

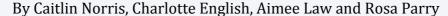


On Tuesday 21st March, the Year 7 and 8 girls netball teams took part in the Sefto Netball Tournament and put all of their effort in. Seeing it pay off, Year 7 came in 3rd place and was one win away from coming second.

The first game, played for Year7, was against Sacred Heart and the score was 1-1. Ava Buckley scored our goal with an amazing shot. Unfortunately, Sacred Heart managed to come back with another goal, clawing their way back to a draw of 1-1.

The next game was played against Maricourt, where we lost 4-2. We were in the lead by 2 goals, until Maricourt managed to come back to 4-2. We all played well and we should be proud of ourselves.

King's Leadership was next, and after a quick chat from our coach, Miss Divine, we were ready to win. When the match kicked off, the talk clearly inspired us, as Aislyn O'Nions was eager to score and did just that!





Final Thoughts...

Winners of our Easter Egg Competition!

Thank you very much to everyone who entered. It was really tough to pick 1st, 2nd and 3rd places! However, here are our winners:

Year 7



Joel Smith



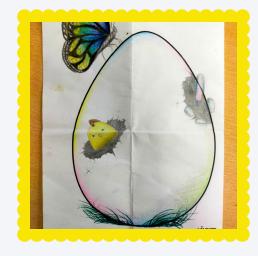
Charlotte English



Shola Adeoye

EASTER EGG COMPETITION! Enter our Easter egg competition! You will need to decorate Easter Eggs provided by Top of the Term. May the best design win! ENTRIES COLLECTED BY TOP OF THE TERM BY THE 30TH MARCH

Year 8



Abbey Carter!

Year 9



Chloe Williams



Gabriella Hampson

Change H.Jacon



Evan Cantwell



Esme Pickles

The Top of the Term Team will be round with your prizes!



Shauna Udeagwu